

Itinerary

Saturday, June 15

3:00 – 4:00 pm: *Guided Walks on River Bend Farm's 313-acre campus*Explore the fields, forests, trails, and ecology of our campus with a mindful guided walk.

4:00 – 5:00 pm: *Happy Hour*

Enjoy live music by Don Campbell and others, sip on a summer cocktail, and indulge in tasty appetizers as you take in the view from our Dining Commons porch overlooking the Saco River.

5:00 - 6:00 pm: Solstice-Themed Activities

Join in on solstice-themed activities (think flower crowns) and create an accessory to don for the rest of the night.

6:00 – 7:30 pm: *Dinner*

Join us for a beautiful summer meal, made from scratch in The Ecology School's fully-electric kitchen.

7:30 – 8:30 pm: *Campfire*

Close out the evening around the campfire with s'mores, stories, and evening views before retiring to your room.

Sunday, June 16

8:00 – 9:00 am: Coffee & Breakfast

Begin your morning at the farm with coffee, tea, and breakfast in the Dining Commons before a morning activity.

9:30 - 10:30 am: *Morning Activity*

Choose an activity to close out your Summer Solstice Experience at River Bend Farm: *Nature Journaling*

Join 2023 Kennebec County Teacher of the Year Sharon Gallant and create your very own nature journal.

Yoga

Move your body and relax your mind with an outdoor yoga class on the lawn as you enjoy the view of the Saco River once more.